



Across Cuba, thousands of house churches continue to meet despite daily challenges of surveillance, scarce resources and the aftermath of natural disasters. These small gatherings are lifelines for believers who long to worship freely and study God's Word together.

Leaders like Aarón and Alicia remember the fear of being watched and questioned simply for holding a children's Bible activity. Others,

such as Abraham, describe how their churches teach not only Scripture but also practical care—manners, hygiene and food for families in crisis. Yet these acts of love often attract official scrutiny and restrictions.

In recent years, storms and cyclones have added to the hardship, damaging homes and church buildings. Through Open Doors and its partners, practical help has reached hundreds of Christian families—repairing walls, replacing equipment and restoring hope. *"This help renewed our strength,"* Aarón and Alicia said. *"It reminded us that we're not alone."*

Despite pressure, Cuba's house churches continue to grow. Their courage and faith testify that the gospel cannot be silenced. Every prayer and gift strengthens believers who risk much to keep the light of Christ shining in their communities.

Please Pray

- For God's protection over house-church leaders and their families as they serve under surveillance.
- For renewed hope and provision for congregations rebuilding after the cyclone, and for hearts across Cuba to be opened to the message of Jesus.

Names changed for security reasons. (www.opendoorsk.org)

Ringstone in Aveland News Sheet 2 August Trinity 9



Psalm 17.1-7 - Prayer for Deliverance from Persecutors

Hear a just cause, O Lord; attend to my cry;
give ear to my prayer from lips free of deceit.

From you let my vindication come; let your eyes see the right.

If you try my heart, if you visit me by night,
if you test me, you will find no wickedness in me;
my mouth does not transgress.

As for what others do, by the word of your lips

I have avoided the ways of the violent.

My steps have held fast to your paths; my feet have not slipped.

I call upon you, for you will answer me, O God;

incline your ear to me, hear my words.

Wondrously show your steadfast love, O saviour of those who seek refuge
from their adversaries at your right hand.

**Glory be to the Father and to the Son and to the Holy Spirit, as it was in
the beginning, is now and for evermore, Amen**

Collect for this Sunday

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**



Readings for this Sunday

Genesis 32.22-31

Romans 9.1-5

Matthew 14.13-21

Please pray for...

Julie Shortland, Linda Hall, Brian Osborne, Jane Nichols, Sheila Bates, Margaret Brumby, Marie Rose Cubacub, Christine Evans, Sue Grainge, Annie Hall, Clive Hall, Jane Knight, Imogen Matthews, Pat Reid, John Rowntree, Maggie Sharman, Amanda Thomson, Clive Walker, Judy Watson, Kevin Whitfield, King Charles III, and for any others whom we name in the silence of our hearts.

We give thanks for those on the road to recovery.

We remember the souls of all the faithful departed. May they rest in peace and rise in glory; and we pray for those who mourn their loss.

Anniversaries

Weddings: Emily and Paul Blackburn, Jade and Archie Gray (1 year)

Baptisms: Harper Green, Zoe Goodley, Dylan Seymour (2 years)

Funerals: Gladys Woolley (1 year); Anthony Andrews, Jean Gibbons (2 years)

From today's gospel

When Jesus saw the large crowd gathering, he didn't see an overwhelming burden—he was moved with compassion for their needs, both body and soul.

It is easy to look at the immense spiritual and physical hungers of our world—or even our own local community—and feel that what we have to offer is far too small to make a difference. Yet this Gospel reminds us that Jesus doesn't ask us to solve every problem on our own; he simply asks us to offer what we have into his hands. When we bring our modest resources, time, and care to Christ, he blesses and multiplies our efforts to reach others in ways beyond what we could imagine.

Tot reflect on this week:

- ✚ What personal "hungers"—spiritual, emotional, or physical—am I invited to bring to Jesus in prayer today?
- ✚ Where in my daily life or community might God be calling me to share my time or resources to help feed the needs of others?

Post Communion Prayer for this Sunday

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord. **Amen**



Services in the Ringstone and Corby Glen combined Groups

Sunday 2nd August	9.00am	Eucharist	Swayfield
	11.00am	Morning Worship	Corby Glen
	11.00am	Eucharist	Morton
	5.30pm	Evensong	Irnham
Wednesday 5th August	10.00am	Eucharist	Corby Glen
	10.00am	Morning Prayer	Morton
Sunday 9th August	9.00am	Eucharist	Haconby
	11.00am	Eucharist	Irnham
	4.00pm	Eucharist	Corby Glen
	6.00pm	Evening Prayer	Morton
Wednesday 12th August	10.00am	Morning Prayer	Corby Glen
	10.00am	Eucharist	Morton

Additional Services

Saturday 29 th August	tbc	Baptism of Louie, Jonathan & Michael Blackburn	Haconby
Saturday 10 th October	2pm	Baptism of Freya Cambell	Morton

Did you know?.....

If you find it difficult (or forget) to bring things to leave in the drop off bin at the back of Morton church, you can go to the Foodbank website, and purchase items which will then be available in the foodbank.



Go to <https://bournefoodbank.org.uk/how-to-help>

Urgently needed items – can you help?

Pasta Sauce UHT Milk Washing Powder

Safeguarding & Contact Information

Priest in charge: Revd Helen Roulston -

revhelenroulston@outlook.com or 07736 780131

Group Safeguarding Officer: Janice Hill

janicethreetuns@hotmail.co.uk or 01778 440733 and 07972 211936

Group Administrator: Sue O'Riordan

and for entries to the news sheet (by Tuesday please) . ringstoneoffice@gmail.com